

# Make a Nemes

*Gold-on-gold striped upholstery fabric makes a very classy nemes, but wide red-and-white striped cotton looks good, too. In a pinch, you can even make your nemes from a pillow case (try painting it with fabric paint first)!*



## YOU WILL NEED:

- ▶ 1/4 yd (22.5 cm) striped fabric, the stiffer the better
- ▶ piece of gold trim
- ▶ safety pins or iron-on glue (like *Stitch Witchery*®)
- ▶ foil

*Center the fabric on your forehead, covering your hair. Pull the material tightly across your forehead and fold the sides down in back of your ears. Pin the cloth at the folds.*

*Form a 6" (15 cm) square piece of foil into a cobra by folding it and shaping with your hands (see page 79). Set the cobra in the middle of your forehead and glue the gold trim over it, across the entire forehead.*

*Cut the hanging flaps of the nemes in a U shape.*



# Make a Manly Kilt

Ancient Egyptian men and boys wore white linen kilts. You can make a simple kilt with a piece of white fabric, like an old sheet. You will need a package of safety pins, too.

Cut a piece of cloth that can go around your waist two and a half times and is long enough to reach from your waist to your knees. Fold pleats into the cloth, one by one, using safety pins. (The pleats should be about as wide as your

pinky.) When the cloth is completely pleated, attach it around your waist. Cut a narrower strip of cloth to use as a sash.

Men also wore animal skins. How about getting some leopard-spotted or tiger-striped material at the fabric store and winding it around your waist as a loin cloth?

And don't forget, you may want to party in the pharaoh's garb!



# Create A Queen's Gown

*Royalty and rich people of ancient Egypt wore white clothing, made of the finest linen. The women looked beautiful and the men looked handsome as they held their bodies straight and proud (see page 84).*

*To make a dress that a female pharaoh or fine Egyptian lady would wear, use an old white sheet or piece*

*of white fabric. You will need a piece that winds around you two and a half times, reaching from your armpits to below your knees.*

*Attach the cloth by folding the top over and pinning underneath with a large safety pin. Use a strip of fabric as a sash.*

*Boogie barefoot in your Egyptian dress!*

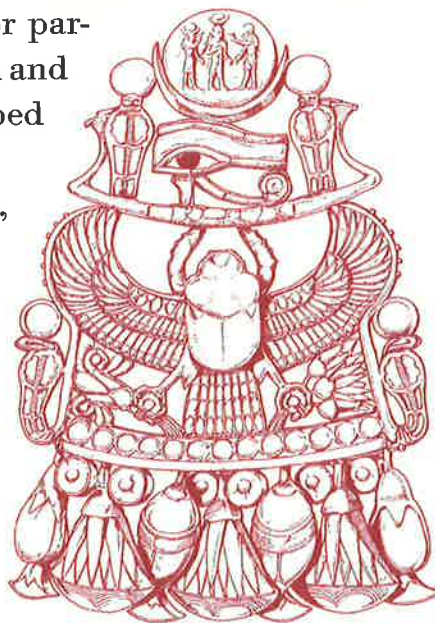


## JEWELRY, JEWELRY, JEWELRY

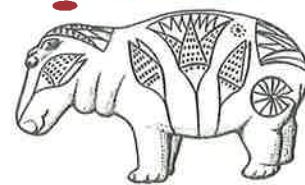
**W**hile people in Europe were living in the drab Stone Age, the people of Egypt were creating a sleek style of their own that still looks good even today. Ancient Egyptians loved dressing up and wearing all kinds of beautiful jewelry, headbands, and headdresses. For parties, they'd wear wigs or carefully combed and braided hair. (In ancient times, uncombed hair was strictly for barbarians!)

Both women and men wore earrings, and bracelets on their upper and lower arms. They wore rings, necklaces, and pectorals, too. (Pectorals are wide necklaces, or jewelry that is worn on the chest.)

It is easy and fun to make fake jewelry with yarn, macaroni, watercolors, foil, glitter, and stickers.



Think About It:



Now that you know so much about ancient Egypt and the people of that time long ago, why do you think that they enjoyed social events, playing games, and partying so much? When do you most enjoy going to a party?